

Your Microscopist

Shannon Ness-Jack started at the Chiropractic Health & Wellness Centre in October 2015, after completing her Honours Bachelor of Health Science from the University of Ottawa. She has since furthered her education at the Edison Institute of Nutrition by completing the Live Cell Microscopy course. Through the course she learned the true correlation between lifestyle, diet and varying stressors and the impact these factors have on the blood and therefore the body. She wants to help people heal their body from the inside out and believes and supports the idea that the body can and will heal itself. All it needs is the proper support and terrain to promote recovery. Maintaining our health is much greater than treating disease. She looks forward to helping you on your journey to lifelong health.

“Take care of your body.
It’s the only place you
have to live.”

~ Jim Rohn

Call for your appointment today!

519 • 659 • 7220

Chiropractic Health & Wellness Centre

919 Oxford Street East
London, Ontario



LIVE BLOOD ANALYSIS

Let your cells tell the story!

Helping those with:

- Intestinal Disorders
- Hormonal Imbalances
- pH Balance
- Immune Function
- Inflammation
- Organ Stress
- Fatigue
- Dehydration
- Free Radical Damage
- Low Iron & B12

What is live blood analysis?

Live blood analysis involves taking a single finger prick of blood (the truest form of life) and viewing the unaltered sample under high magnification (up to 1000x). Unlike medical blood tests, live blood analysis gives a more accurate picture of overall health and wellbeing.

Collection is done quickly and the sample is then projected onto a large TV for analysis. Strengths as well as weaknesses are noted and correlated back to the individual's health history.

Each appointment sample may show varying results depending on internal and external factors.

Action steps

What we see can provide insight to your diet, lifestyle and overall health. Deficiencies and imbalances within your body will be prioritized so we can begin your journey to optimal lifelong health. We want to correct imbalances because over time these imbalances can lead to more serious trouble such as disease. This approach provides individualized recommendations and serves as educational feedback.

Healing takes time, and we generally heal in reverse of occurrences. Your body can and will heal itself if given the right environment and support. Just give your body the time it needs. Positive changes in blood structure can be seen over the next few months as nutrition and other factors are improved.

After your appointment

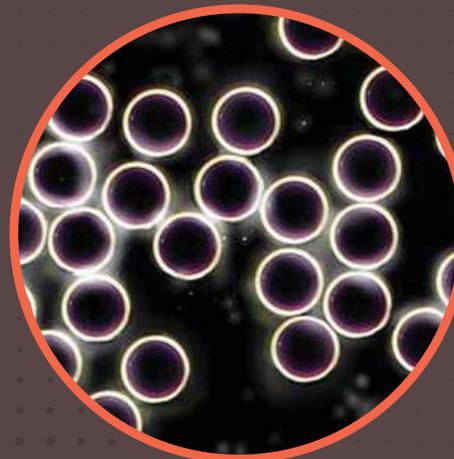
Upon viewing the sample, you will be provided with a chart highlighting the key issues found. This page should be hung in a high visibility area in your home, to remind you of the necessary steps needed to get you back to optimal health. Depending on your results, a follow-up appointment may be required to review our initial findings and provide any necessary herbal and homeopathic remedies.

Another appointment will be booked 3-4 months from the initial sample. Any lifestyle, diet or supplement recommendations will be able to act on the environment and change the terrain. During this time your body is provided with time to replace and rebuild unhealthy red blood cells. This will bring you closer to our goal of lifelong health.

What will we see?

Through the live blood analysis we view the terrain of the blood to determine an overall level of toxicity and pH balance. The analysis can reveal variations in red blood cells, as reflected by nutritional indicators such as low levels of iron, protein, B12, folic acid, and fatty acids. Incomplete or delayed digestion of fat and protein can also be observed. In addition, liver stress and undesirable bacterial and fungal byproducts may be revealed. Hormonal imbalances, free radical damage, immune activity and oxidative stress can also be detected.

Your blood picture



HEALTHY BLOOD



UNHEALTHY BLOOD